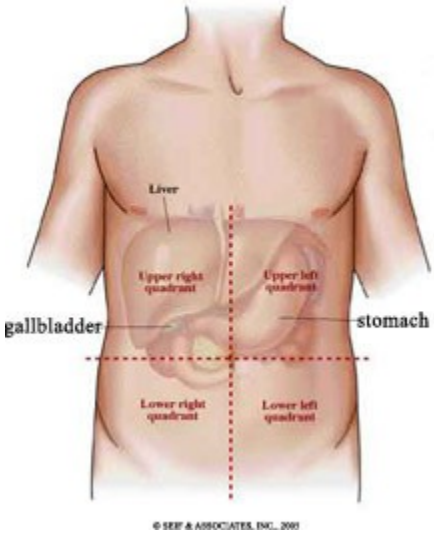
Gallstones

Gallstones are a form of gallbladder disease. The gallbladder is a small organ that helps you digest food. Gallstones may make you:

- Feel sick to your stomach (*nauseous*).
- Feel pain in your belly (*abdomen*).
- Have yellow skin or eyes (*jaundice*) if a gallstone causes a blockage. This can be a serious problem if it happens.



HOME CARE

- Only take medicine as told by your doctor.
- Eat a low-fat diet.
- Follow up as told.

GET HELP RIGHT AWAY IF:

- Your pain gets worse.
- The pain moves to another part of your belly or back.
- You have a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- You feel sick to your stomach and throw up (*vomit*).

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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