Tattoo Aftercare

- Leave the bandage on your tattoo area as instructed.
- Always wash your hands prior to touching on your tattoo.
- Wash your tattoo area with warm soap and water 6 to 8 times per day.
- Repeat the washing daily until the tattoo does not appear to be oozing.
- Do not use abrasive or rough material on the tattoo until it is healed.
- When finished washing pat dry with a soft cloth. Do not rub dry.
- Allow the tattoo to air dry for at least 10 minutes.
- Apply Bacitracin®, Neosporin®, or triple antibiotic ointment lightly after each washing for the first three days, and leave the bandage off with the tattoo exposed to the air.
- After the first three days stop using the ointment. Lightly rub in a lotion and continue until the tattoo is completely healed. Healing should be complete in about 14 days.
- Avoid sun exposure until the tattoo is healed, or cover the tattoo with loose clothing, or use sunscreen with an spf of 45 applied frequently.
- Do not soak tattoo, as in bathing or swimming, until it is healed. Avoid work out exercises that make you sweat heavily.
- During healing the tattoo may itch. Avoid scratching or picking at the tattoo. You may use over the counter antihistamines such as Benadryl® (diphenhydramine) in a dosage recommended on package. If this medicine makes you sleepy then take it as a dose at bedtime. Application of more lotion or applying it more frequently may also help relieve the itching.

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