Procedural Sedation, Child

Medicine(s) were given today to help your child feel comfortable and relaxed during tests and/or treatments. Like any medicines, these can cause unwanted but temporary effects.

HOME CARE INSTRUCTIONS

The medicine(s) given can cause nausea, vomiting, drowsiness, clumsiness, memory loss, or poor balance. They can cause poor judgment, leading children to do things they would not normally do. These symptoms should be gone in 12-24 hours. We recommend:

- No food or drink for the next two hours. If your child is under one year of age, he/she may be fed half of a normal feeding one hour after you go home.
- No play that requires normal balance, strength, or coordination. Avoid swimming, biking, skating, climbing, and activities at heights. Stay away from swing sets, monkey bars, or stairs for the next 12 hours. Children may hurt themselves if playing in these situations and there is still medicine in their systems. Younger children should not bathe alone.
- Check on your child frequently for the next 12 hours. Activities should be supervised. Older children should not cook or use electrical appliances, hand tools, or power tools. If they do any of these, they must be watched very closely.

SEEK MEDICAL CARE IF:

- Breathing problems develop.
- Your child's skin is pale or bluish in color.
- Pain is getting worse and is not helped by medication.
- There is bleeding or swelling.
- A temperature over 102º F (38.9º C) develops.
- Your child is still sleepy or wobbly after 24 hours.

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