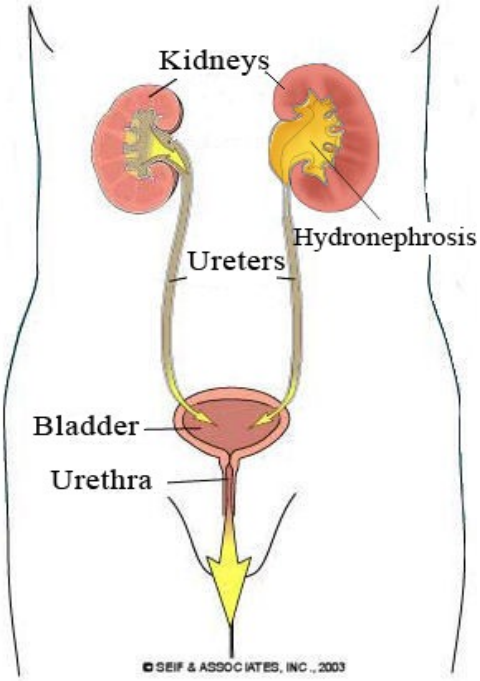
Ureteral Colic
(Kidney Stones)

Ureteral colic is spasm-like pain from the kidney or the tube that drains the kidney (*ureter*). This is often caused by a kidney stone. The pain is caused by the stone trying to get through the tubes that pass your pee.



HOME CARE

- Drink enough water and fluids to keep your pee (*urine*) clear or pale yellow.
- Strain all your or your child's pee. A strainer will be provided. Keep anything caught in the strainer and bring it to your doctor. The stone causing the pain may be very small.
- Take medicine only as told by your doctor.
- Make a follow-up appointment with your doctor as told.

TREATMENT

- Your doctor may give medicines for pain.
- Your doctor may give medicines (*antibiotics*) that kill germs.

GET HELP RIGHT AWAY IF:

- Pain is not controlled with medicine.
- Pain continues or gets worse.
- The pain changes and there is chest pain or belly (*abdominal*) pain.
- You or your child feels faint or passes out.
- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**
- You or your child cannot pee.
- You or your child keeps throwing up (*vomiting*).

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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