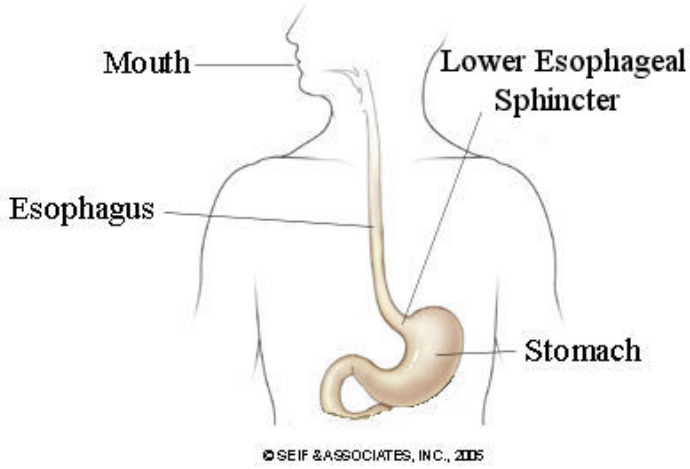
Esophageal Foreign Body, Removal in Child

Your child had something stuck in their esophagus. The esophagus is the tube that goes from your mouth down to your stomach.



TREATMENT

The foreign body was removed by endoscopy. This is a procedure in which a tube is passed down the throat and into the esophagus so the blockage can be removed. This is usually a safe, low risk procedure. A general anesthetic is often needed for children. These are medications or gas to help them sleep while the procedure is being done.

HOME CARE INSTRUCTIONS

- For the next few days, give your child a liquid or soft diet.
- Do not allow any food or fluids until your child is completely awake or their caregiver allows.
- Do not allow hot liquids following the procedure. Cool liquids may be soothing.
- Have your child chew their food well before swallowing.
- Call your child's caregiver for follow up as recommended.

SEEK IMMEDIATE MEDICAL CARE IF YOUR CHILD DEVELOPS:

- A fever.
- Breathing problems.
- Pain in their chest.
- Drooling or difficulty with swallowing.
- Chills and/or an oral temperature above 102º F (38.9º C) or as your child's caregiver suggests.
- Vomiting or blood or coffee ground appearing material in the vomit.
- An inability to eat or drink normally.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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