Abdominal Migraine
National Headache Foundation, NHF

Abdominal migraine is one of the types of migraine headache. It is also known by other names including "periodic syndrome". The periodic type more commonly occurs in children. Such children usually have a family history of migraine. They go on to develop typical migraine later in their lives.

SYMPTOMS

The attacks usually include on and off periods of abdominal pain. These last for about 2 hours. Along with the abdominal pain they may have other symptoms:

- Nausea.
- Vomiting.
- Intense blushing, or reddening of skin (*flushing*).
- Pale appearance to the skin (*pallor*).

DIAGNOSIS

Tests fail to reveal a cause for the pain. Once in a while there may be EEG (test which records the electrical activity in your brain) results which may suggest epilepsy. But this is rarely related to seizures.

Medications that are useful in treating migraine also work to control these attacks in most children.

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