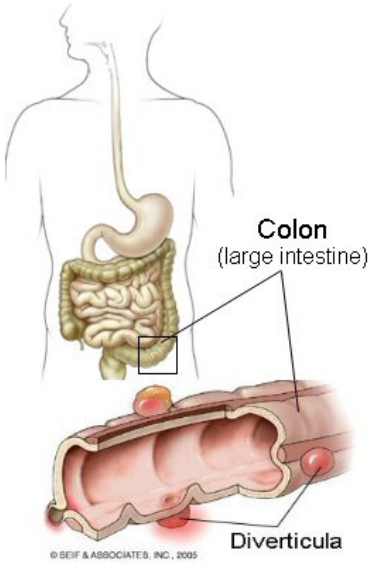
Diverticulosis and Diverticulitis
Care After Surgery

Refer to these instructions for the next few weeks. These discharge instructions provide you with general information on caring for yourself after surgery. Your caregiver may also give you additional instructions.

HOME CARE INSTRUCTIONS

- It will be normal to be sore for a couple weeks following surgery. See your caregiver if this seems to be getting worse rather than better.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- Use showers for bathing, until baths are okayed by your caregiver.
- Change dressings if necessary or as directed.
- Your caregiver will tell you when it is safe to resume normal diet and activities.
- Avoid lifting until you are instructed otherwise.
- Make an appointment to see your caregiver for suture (stitches) or staple removal when instructed.
- After one to two days of ice packs**.** Use ice as your caregiver suggests.



SEEK MEDICAL CARE IF:

- You have increased bleeding from wounds or develop blood in the stools.
- You see redness, swelling, or have increasing pain in wounds.
- You have pus coming from your wound.
- You develop an unexplained temperature over 100.4° F (38° C).
- You have a bad smell coming from the wound or dressing.
- You develop lightheadedness or feel faint.

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop a rash.
- You have difficulty breathing
- You develop any other reaction or side effects to medicine you have taken.

FOR MORE INFORMATION

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