Flank Pain

Pain in your side is also called flank pain. It can be caused by many things.

HOME CARE:

- Home care and treatment will depend on why you are having the pain.

CAUSES

- Injury.
- Kidney problems.
  - Infection.
  - Kidney stones.
  - Pus in the kidney.
  - A rash that is on only one side of the body (*shingles*).
- Arthritis.
  - Disk disease.
  - Muscle spasm.
- Diabetes mellitus.
  - Peripheral nerve damage (*neuropathy*).
  - Swelling of the pancreas (*pancreatitis*).

GET HELP RIGHT AWAY IF:

- You have belly pain.
- You have puffiness (*swelling*) in your belly.
- You feel faint or pass out.
- You have a fever.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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