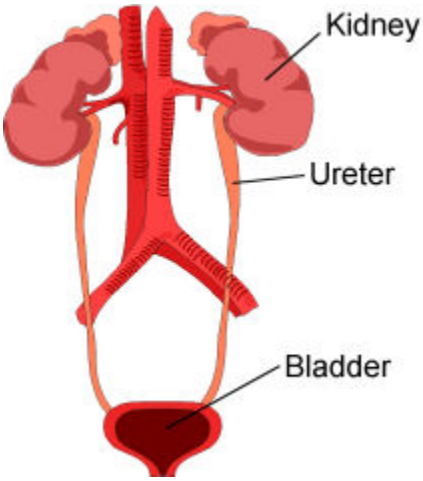
Pyelonephritis, Child

Your child has a kidney infection (*pyelonephritis*). This is usually caused by a germ (*bacteria*).



A kidney infection (*pyelonephritis*) will usually respond to *antibiotics.* These are medications that kill germs. Your child should take all the medicine given until it is gone. **Your child may feel better in a few days, but give ALL MEDICINE. Otherwise, the infection may not respond and become more difficult to treat.** Response can generally be expected in 7 to 10 days.

HOME CARE INSTRUCTIONS

- **Drink lots of fluid.** Along with water, other juices and sport beverages, cranberry juice is recommended since it may help combat urinary tract infections.
- Avoid caffeine, tea, and carbonated beverages (Coke®, 7-Up®, etc). They tend to irritate the bladder.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- **Do not give children aspirin**. It may cause Reye's Syndrome.
- Empty the bladder often. Encourage your child to avoid holding urine for long periods of time.
- After a bowel movement, girls should cleanse from front to back. Use each tissue only once.
- It is important that you monitor your child's return to good health. If you feel that your child's condition is worsening contact your caregiver right away.

SEEK IMMEDIATE MEDICAL CARE:

- If your child develops back pain, fever, feels sick to their stomach (*nausea*), or throws up (vomiting).
- If their problems (*symptoms*) are no better in 3 days.
- If your child is getting worse.

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