Sinusitis, Child

Sinusitis commonly results from a blockage of the openings that drain your child's sinuses. Sinuses are air pockets within the bones of the face. This blockage prevents the pockets from draining. The multiplication of bacteria within a sinus leads to infection.

SYMPTOMS

Pain depends on what area is infected. Infection below your child's eyes causes pain below your child's eyes. Other symptoms:

- Toothaches.
- Colored, thick discharge from the nose.
- Swelling.
- Warmth.
- Tenderness.

HOME CARE INSTRUCTIONS

Your child's caregiver has prescribed antibiotics. Give your child the medicine as directed. Give your child the medicine for the entire length of time for which it was prescribed. Continue to give the medicine as prescribed even if your child appears to be doing well.

You may also have been given a decongestant. This medication will aid in draining the sinuses. Administer the medicine as directed by your doctor or pharmacist.

Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver. **Should your child develop other problems not relieved by their medications, see your primary doctor or visit the Emergency Department.**

SEEK IMMEDIATE MEDICAL CARE IF:

- The fever is not gone 48 hours after your child starts taking the antibiotic.
- Your child develops increasing pain, a severe headache, a stiff neck, or a toothache.
- Your child develops vomiting or drowsiness.
- Your child develops unusual swelling over any area of the face or has trouble seeing.
- The area around either eye becomes red.
- Your child develops double vision, or complains of any problem with vision.

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