Physical Therapy Prescription

Your caregiver wants you to have physical therapy. Please take this instruction to the physical therapist recommended by your caregiver. Your prescription is:

___ Evaluate and treat using standard techniques.
___ Evaluate and contact physician before starting treatment.
___ Heat therapy: ( ) Ultrasound ( ) Hot Packs ( ) Paraffin.
___ Electrotherapy: ( ) TENS ( ) Electrical Stimulation.
___ Hydrotherapy.
___ Cryotherapy.
___ Therapeutic Exercise: ( ) Back, ( ) Neck ( ) Gait, ( ) Home program.
___ Massage.
___ Traction: ( ) Pelvic ( ) Cervical.
___ Posture & body mechanics education.

Treatment Goal:_____

___ Times per week for ___ weeks. Please send progress note to caregiver at the completion of therapy. Call caregiver if patient's condition becomes worse.

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