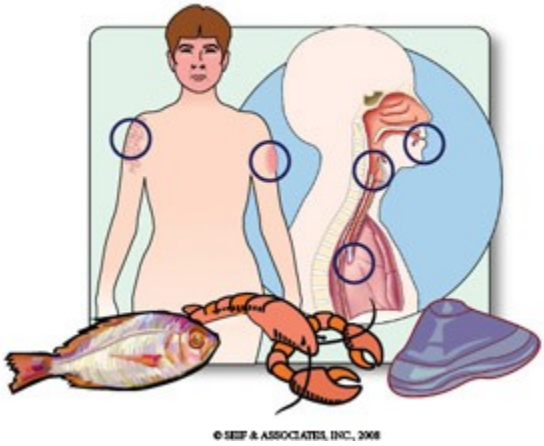
Marine Toxin Dermatitis

Marine toxin dermatitis is a rash or injury to your skin. It is caused by animals or plants found in lakes, rivers, or oceans.



HOME CARE

- Make sure there is no foreign matter or toxin left on the skin.
- **Do not** rub the affected area.
- Do not put the affected area in cool fresh water.
- You may get medicine to control itching. Take all medicine as directed by your doctor.
- Follow all orders from your doctor.

YOU MIGHT NEED A TETANUS SHOT IF:

- You cannot remember when your last tetanus shot was.
- You have never had a tetanus shot.
- The object that caused your wound was dirty.

GET HELP RIGHT AWAY IF:

- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 100.5º F (38.1° C) or higher.
- You have problems breathing.
- You have puffiness (*swelling*), redness, or fluid (*pus*) on the skin.
- Your pain is getting worse.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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