Paresthesia

Paresthesia is a burning feeling (*sensation*). It can also be a prickling feeling. It is usually felt in the:
- Hands.
- Arms.
- Legs.
- Feet.

It may occur in any part of the body.

HOME CARE

Treatment depends on what is causing the problem. Your doctor may consider your or your child's:
- Medical history.
- Physical exam.
- Lab tests.

CAUSES

Paresthesia occurs when pressure is placed on a nerve, causing a burning or prickling feeling. The feeling goes away when the pressure is removed.

For some people, it can be a problem that does not go away. It may be caused by problems including:
- Injury to the nerves.
- Disorders affecting the brain and spinal cord.
- Conditions that have damaged the nerves.

GET HELP IF:

- The burning or prickling feeling gets worse when walking.
- You or your child has pain, cramps, or dizziness.
- There is a rash you cannot explain.

GET HELP RIGHT AWAY IF:

- You or your child feels weak, has trouble walking, or can hardly move an arm.
- You or your child has problems with speech or vision.
- You or your child cannot control when he or she poops (*bowel movement*) or pees (*urinate*s).
- You or your child feels numbness after an injury.
- You or your child has lost consciousness, even if it was only for a short time.

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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