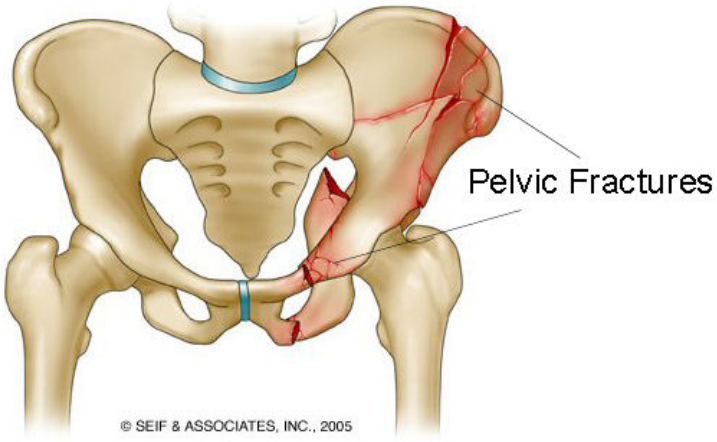
Pelvic Fracture, Simple, Child

Your child has been diagnosed as having a broken (*fractured*) pelvis. The pelvis is the ring of bones that make up your hipbones. Your child has an *undisplaced* fracture. This means the bones are in good position to heal. The pelvic fracture your child has is simple (*uncomplicated*). It is unlikely there will be future problems.



DIAGNOSIS

X-rays usually diagnose these fractures.

TREATMENT

When children have broken bones the goal is to get the bones to heal in a good position and to return your child to normal activities as soon as possible. Such fractures are often treated with normal bed rest and *conservative* measures. This means no surgery is required for the fracture(s) your child has.

COMPLICATIONS

When there is injury to growth centers, as there may be with a pelvic fracture, deformity of the pelvis may follow healing. Leg lengths may differ. Girls could later have problems with child bearing. Improper healing could lead to later pelvic pain.

HOME CARE INSTRUCTIONS

- Your child should stay in bed as instructed. Following this, your child may do usual activities, but avoid strenuous activities as directed. Your child may not participate in sports or gym until cleared by your medical provider.
- Only give your child over-the-counter or prescription medicines for pain, discomfort, or fever as directed by their caregiver.
- If your child develops increased pain or discomfort that is not relieved with medications, contact your caregiver.

SEEK IMMEDIATE MEDICAL CARE OR CALL 911 IF:

- Your child feels light headed or faint.
- Your child has an oral temperature above 102° F (38.9° C), not controlled by medicine.
- Your child develops blood in the urine or in the stools.
- There is difficulty urinating, having a bowel movement or pain with these efforts.
- There is a difficulty walking or increased pain with walking.
- There is an increase in pain.

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