After Sedation/Anesthesia, Child

Sedation or anesthesia helped your child relax or sleep during the procedure. He or she may remain sleepy and a little "out of it" for several hours after the procedure. Your child's coordination may be slightly impaired until all the medicine has completely worn off. Ask questions before leaving the hospital if there is anything you do not understand. Make sure that you fully understand your child's medicine and possible side effects.

HOME CARE INSTRUCTIONS

For the next 24 hours:

- **Do not** leave your child unattended at any time in a car seat. If your child falls asleep in a car seat, make sure his or her head remains upright. Watch your child continuously to make sure there are no breathing difficulties.
- **Never** leave your child alone while he or she is still sleepy, unless it is bedtime and the child has behaved normally before going to sleep for the night.
- Your child may drink fluids and eat light foods when fully awake if he or she does not feel sick to his or her stomach (*nauseous*) and he or she is not throwing up (*vomiting*).
- Your child should remain indoors, supervised by an adult, and should not ride a bicycle, skate, use swings, climb, swim, use machines, or participate in any activity where he or she could become injured. Avoid these activities for at least 24 hours. **Do not** allow these activities until your child is behaving and acting normally again.
- Supervise all play and bathing for the next 24 hours.
- Keep all follow-up appointments as scheduled. Follow all instructions.

SEEK MEDICAL CARE IF:

- Your child has recurrent vomiting.
- Your child develops a rash.
- Your child has no urine output in 6 to 8 hours.
- Your child has an oral temperature above 102° F (38.9° C).

SEEK IMMEDIATE MEDICAL CARE IF:

- Your child becomes difficult to awaken.
- Your child has trouble breathing.
- Your child does not appear normal.
- Your child has an oral temperature above 102° F (38.9° C), not controlled by medicine.

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