Adult Seizure

A seizure is when your body shakes and you cannot control it (*convulsion*). A seizure is a sign that something may be wrong with your nervous system.

First, the seizure is treated. The cause is treated later. You will need to follow up with your doctor. Your doctor will help decide if testing is needed. Your seizure may have been caused by a drop in blood pressure.

HOME CARE

- Follow up with your doctor.
- **Do not** swim until your doctor says it is okay.
- **Do not** drive until your doctor says it is okay.

GET HELP RIGHT AWAY IF:

- You have confusion or feel dazed.
- You feel sleepy.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

Document Released: 06/05/2009 Document Re-Released: 03/14/2011
ExitCare® Patient Information ©2011 ExitCare, LLC.