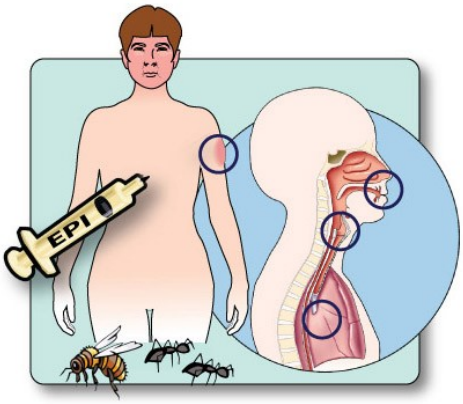
Anaphylactic Reaction

An anaphylactic reaction is a bad reaction to something you are allergic to. Medications, food and insect bites are some of the things that can cause this. A reaction needs help right away.

Your doctor will tell you what your allergic reaction today is probably from.
Avoid medications as instructed.



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HOME CARE

- Someone needs to stay with you for 24 hours to make sure you do not get worse.
- Wear a medic-alert bracelet or necklace. It should say what your allergy is.
- Keep an allergy kit with you at all times. You and your family all need to know how to use it. This can save your life. If an epi-pen is used, get medical care or dial emergency services (911 in U.S.) right away. When the epinephrine wears off, a later reaction can kill you.
- Get a new allergy kit when it is out of date.

GET HELP RIGHT AWAY IF:

- It is hard to breathe.
- You get wheezy, or get a tight feeling in the chest or throat.
- You get a swollen mouth, hives, swelling or itching over the body.
- You pass out.
- Chest pain develops or your problems get worse.

THIS IS AN EMERGENCY. Have someone drive you to the nearest emergency department or call emergency services (911 in U.S.).

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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