Collagen Implant
(for urinary incontinence)
Care After Surgery

Read the instructions outlined below and refer to this sheet in the next few weeks. These discharge instructions provide you with general information on caring for yourself after you leave the hospital. Your doctor may also give you ***specific*** instructions. While your treatment has been planned according to the most current medical practices available, unavoidable complications occasionally occur. If you have any problems or questions after discharge, call your caregiver.

ACTIVITY
- You may resume your regular activity.
- Talk with your caregiver about when you may return to work.
- You may shower.

NUTRITION
- You may resume your normal diet.
- Drink plenty of fluids (6-8 glasses a day).
- Eat a well-balanced diet.
- Call your doctor if you have persistent nausea or vomiting.

FEVER
- If you feel feverish or have shaking chills, take your temperature. If it is 102º F (38.9º C) or above, call your doctor.
- Fever may mean there is an infection.

PAIN CONTROL
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.

SYMPTOMS AFTER SURGERY
You may experience one or more of the following symptoms after your implant procedure. These symptoms should be only temporary:
- Inability to urinate or a change in your usual pattern of urination.
- Slight bleeding at the urethra or blood in the urine.
- Soreness in the injection site area.
- Nausea.

SEXUAL INTERCOURSE
Check with your doctor at your follow-up visit about resuming sexual intercourse.

SEEK IMMEDIATE MEDICAL ATTENTION IF:
- Cloudy foul-smelling urine.
- Fever greater than 102° F (38.9º C) or as instructed by your doctor.
- Joint pain or joint swelling.
- Skin rash or skin thickening.
- Muscle aches.
- Weakness or fatigue.
- You are unable to urinate.

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