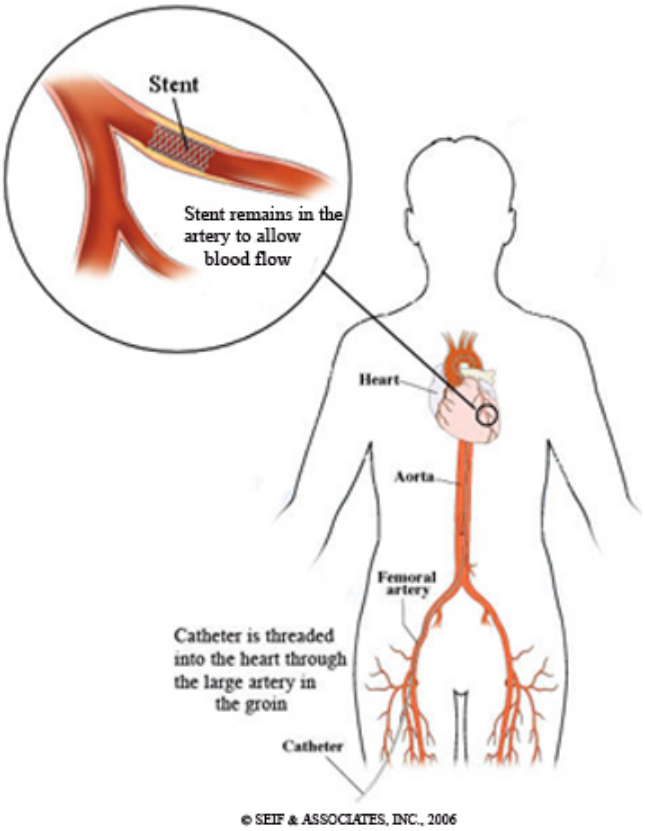
Coronary Artery Disease Treatment With Stent

Care After Placement

Read the instructions outlined below and refer to this sheet in the next few weeks. These discharge instructions provide you with general information on caring for yourself after you leave the hospital. Your surgeon may also give you specific instructions. While your treatment has been planned according to the most current medical practices available, unavoidable complications occasionally occur. If you have any problems or questions after discharge, call your caregiver.



HOME CARE INSTRUCTIONS

- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver. **Do not take aspirin** unless instructed otherwise as this can make bleeding worse.
- Take all medications as directed.
- Drink plenty of fluids.
- If there is any bleeding from the groin, keep pressure on the area for at least 20 minutes to 1 hour. Let your caregiver know if this continues.

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop shortness of breath or chest pain.
- You pass out or feel faint.
- You develop any of the problems that led to getting the stent put in.
- You have an oral temperature above 102º F (38.9º C) or as instructed.
- You have chills, feel sick to your stomach (*nausea*), or vomit.
- Your pain is not relieved by your usual heart medications.

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