Excuse from Work or School

_____ needs to be excused from

_____ Work
_____ School
_____ Physical activity

Beginning now and through the following date: _____

_____ He/she may return to work/school but still avoid physical activity from now until: _____
_____ He/she may return to full physical activity as of: _____

Caregiver's Signature: _____

Date: _____

Document Released: 01/09/2011
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