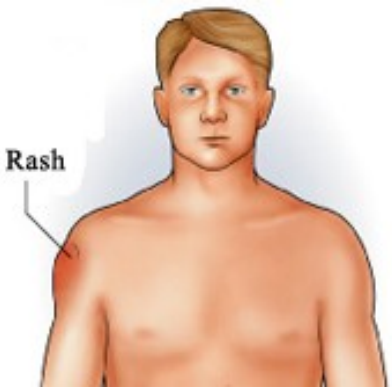
Rash

Many things can cause a rash. The rash may be from an infection, allergic reaction, medicine, or chemicals. Sometimes, contact with pets, some kinds of clothing, soaps, makeup, or foods can cause a rash.

HOME CARE



- Stay away from extreme hot or cold. This can make itching worse.
- A cool bath or washcloth may help decrease the itching.
- **Do not** scratch the rash. This can cause an infection.
- Take medicines as told by your doctor.
- Keep the rash area clean.
- If the skin is dry, you may gently rub on a cream or ointment as told by your doctor.
- If the skin is very wet, you may dry the skin as told by your doctor.

GET HELP RIGHT AWAY IF:

- There is pain, puffiness (*swelling*), or redness.
- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**
- You see red lines on the skin above or below the rash.
- The skin becomes very painful.
- You or your child feels puffiness in the throat.
- You or your child has trouble swallowing or breathing.
- The rash is not better in 3 days, or as told by your doctor. Some skin rashes may take weeks to get better.

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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