Toxic Ingestion

Your history and exam show that you have swallowed a potentially toxic substance. You do not appear to need hospital care at this time. **Be aware, dangerous effects from this ingestion may be delayed by several hours.** Watch for symptoms that need immediate medical attention.

Taking these types of drugs together can increase the risk of toxicity:
- Prescription medicine.
- Alcohol.
- Illegal drugs.

Do not drive or operate machinery until you are free of symptoms. Things that may worsen your condition include:
- Drinking alcohol.
- Taking illegal drugs.
- Taking other mind-altering substances.

If you have had an upset stomach, you should begin with a clear liquid diet until your stomach settles. Then advance your diet as tolerated.

SEEK IMMEDIATE MEDICAL CARE IF YOU HAVE:
- **Sleepiness, mental confusion, strange behavior.**
- **Shortness of breath, persistent cough.**
- **Chest pain, excessive mucus.**
- **Repeated vomiting, stomach cramps, severe diarrhea.**
- **Fever, extreme weakness, or fainting.**

You can call your poison control center. In the U.S. you can call 1-800-222-1222 for information about the toxicity drugs. Or visit the American Association of Poison Control Centers on-line at: http://www.aapcc.org/DNN/.

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