Arteriogram/Angiogram
Home Care Instructions

You have just had an Arteriogram. To do this test, your caregiver made a small cut into the artery in your leg. It will take a few days for your artery to heal. **To help it heal, follow these instructions**:

- Stay in bed the rest of the day.
- Keep the leg straight for at least 6 hours.
- **Do not** lift anything heavier than 10 pounds (about a gallon of milk) for 2 days.
- For the next 2 days, **do not** walk a lot, run, or drive. After 2 days, you may go back to your usual activities.

GET HELP RIGHT AWAY IF:

- You have fever of 102° F (38.9° C) or higher.
- The leg on which the cut was made is:
  - **Bleeding**. Press on it till it is checked in the Emergency Room.
  - **Swollen or red.**
  - **Cold** (compare it to your other leg).
  - **Pale or changes color** (compare it to your other leg).
  - Becoming more **painful,** or you are having pain in the lower part of your leg.
  - **Weak.**
  - **Tingly** or **numb** (this may due to a blockage in the artery where the cut is)**.**

If you go to the Emergency Room, tell your nurse that you have had an arteriogram. Take this paper with you to show the nurse.

FINDING OUT THE RESULTS OF YOUR TEST

Make sure you know how you are to get your test results. If you do not get your results, make an appointment with your caregiver to find out the results. **Do not** assume everything is normal if you have not heard from your caregiver. It is your responsibility to find out the results of your testing.

Easy-to-Read style based on content from Parkland Health & Hospital System, Dallas, Texas

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