# Lipoma

Your exam shows you have a lipoma. A lipoma is a benign, non-cancerous, tumor that contains fat cells. Lipomas tend to occur right under the skin in certain areas, especially the back, shoulders, buttocks, and thighs. They are the most common soft tissue tumor. Lipomas can usually be felt as soft, non-tender masses. They seldom cause problems and no treatment is needed. Lipomas can be removed surgically if there is any question about the diagnosis, or if they cause any cosmetic problem. See your doctor for further evaluation as recommended.

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