Hemorrhoid Banding

Hemorrhoids are veins in the anus and lower rectum that become enlarged. The most common symptoms are rectal bleeding, itching, and sometimes pain. Hemorrhoids might come out with straining or having a bowel movement, and they can sometimes be pushed back in. There are internal and external hemorrhoids. Only internal hemorrhoids can be treated with banding. In this procedure, a rubber band is placed near the hemorrhoid tissue, cutting off the blood supply. This procedure prevents the hemorrhoids from slipping down.

BEFORE THE PROCEDURE

There is no special preparation needed before banding. Your surgeon may have you do an enema prior to the procedure. You will go home the same day.

LET YOUR CAREGIVER KNOW ABOUT

Let your caregiver know about all medicines you are taking, especially blood thinners such as aspirin and coumadin.

RISKS & COMPLICATIONS

This is not a painful procedure, but if you do have intense pain immediately let your surgeon know because the band may need to be removed. You may have some mild pain or discomfort in the first 2 days or so after treatment. Sometimes there may be delayed bleeding in the first week after treatment.

HOME CARE INSTRUCTIONS

- Your surgeon might instruct you to do sitz baths as needed if you have discomfort or after a bowel movement.
- You may be instructed to use fiber supplements.

SEEK MEDICAL CARE IF

- You have an increase in pain.
- Your pain does not get better.

SEEK IMMEDIAE MEDICAL CARE IF

- You have intense pain.
- Fever greater than 100.5°F (38.1 ° C).
- Bleeding that does not stop, or pus from the anus.

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