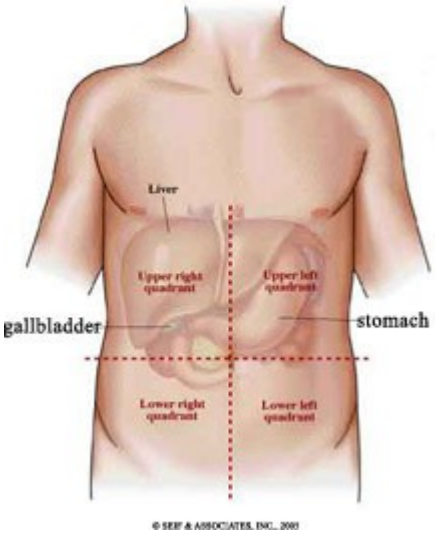
Gallbladder Disease

You have gallbladder disease. This means that there are stones and/or inflammation in your gallbladder and bile duct system. The symptoms of this disease are: heartburn, nausea, belching, vomiting, and intolerance to certain foods (fatty foods mainly). Exact diagnosis of this condition requires ultrasound or special x-ray examination.



Gallbladder symptoms may improve with a proper low-fat diet and weight loss (if you are overweight). Medicines to relieve pain and reduce spasms in the bile duct may be quite helpful. Usually the diseased gallbladder needs to be removed by surgery.

SEEK IMMEDIATE MEDICAL CARE IF YOU HAVE:

- More severe or persistent pain that lasts for more than one day. The pain would most likely be in the upper right part of the abdomen.
- Fever, repeated vomiting, or jaundice (yellow skin and eyes).

Document Released: 01/25/2006 Document Re-Released: 12/06/2010
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