Fracture, Orbital (Blow Out)
Care After Surgery

Please read the instructions outlined below. Refer to these instructions for the next few weeks. These discharge instructions provide you with general information on caring for yourself after surgery. Your caregiver may also give you specific instructions. While your treatment has been planned according to the most current medical practices available, unavoidable complications occasionally occur. If you have any problems or questions after discharge, please call your caregiver.

HOME CARE INSTRUCTIONS

- Follow your caregiver's instructions about activities, exercises, physical therapy, and driving a car.
- Once home, an ice pack applied to your operative site may help with discomfort and keep the swelling down.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- Avoid bending over and lifting until instructed otherwise.

SEEK MEDICAL CARE IF:

- You develop increased bruising around the eye (*orbit*).
- You develop redness, swelling, or increasing pain from the wound.
- You notice pus or discharge coming from the wound or around the eye.
- You or your child has an oral temperature above 102° F (38.9° C).
- You notice a foul smell coming from the wound or dressing.
- You develop changes in or loss of vision or double vision.
- You develop increasing numbness in the cheek.

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop a rash.
- You have difficulty breathing.
- You have any allergic problems.

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