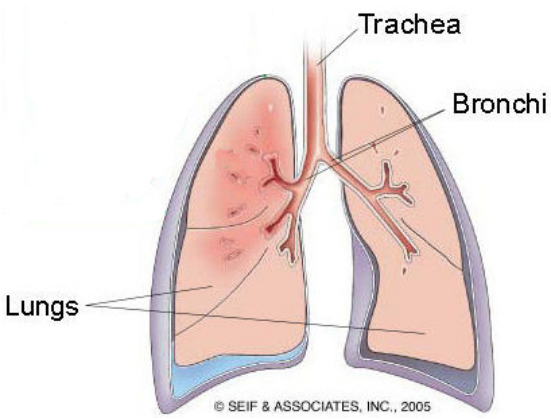
After Your Bronchoscopy, Laryngoscopy or Panendoscopy

HOME CARE



- You may be drowsy for the next 24 hours. **Do not** drive today**. Do not** sign any legal papers today.
- For the next 2 days, take it easy. **Do not** do any heavy work. **Do not** do any exercise or activities.
- **Do not** eat or drink anything for **2 hours** after your test. The medicine the doctor put into your nose and throat has a numbing effect. If you try to eat or drink before the medicine wears off, food or drink could go into your lungs.
  - For the rest of the first day, only drink or eat soft food.
  - The day after that, you can go back to eating your usual food.
- Only take medicine as directed by your doctor. **Do not use aspirin.**
- You may see traces of blood in your spit for 1 to 2 days.

FINDING OUT THE RESULTS OF YOUR TEST

Not all test results are available during your visit. If your test results are not back during the visit, make an appointment with your doctor to find out the results. Do not assume everything is normal if you have not heard from your doctor or the medical facility. It is important for you to follow up on all of your test results.

GET HELP RIGHT AWAY IF YOU:

- Have breathing problems.
- Have a bad sore throat for more than a week.
- See traces of blood in your spit for more than 3 days.
- Start coughing up blood.
- Have a temperature of 102° F (38.9º C) or higher.

Easy-to-Read style based on content from Parkland Health & Hospital System, Dallas, Texas

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