Swimmer's Ear
(Otitis Externa)

Swimmer's ear is an infection in the outer ear canal. It can be caused by a germ (*bacteria*) or a fungus. It may be caused by:

- Swimming in dirty water.
- Water that stays in the ear after swimming.

HOME CARE

- Put drops in the ear canal as told by your doctor.
- A strong pain reliever may be prescribed. Only take medicine as told by your doctor.

GET HELP RIGHT AWAY IF:

- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- There is still ear pain after 3 days.

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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