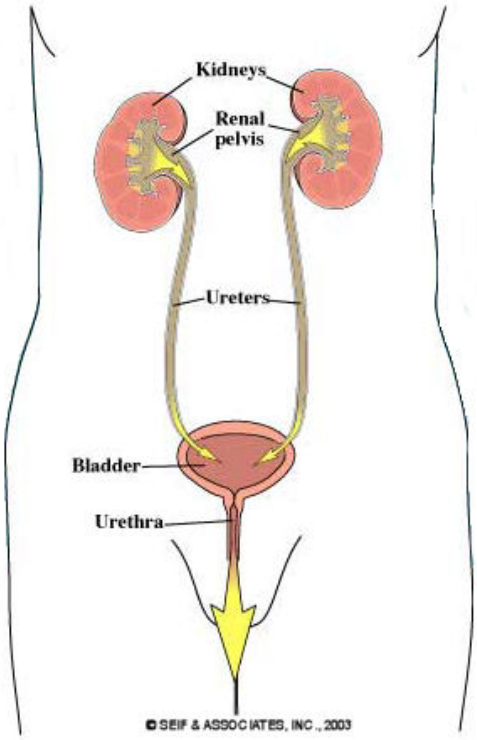
Urethritis, Adult

Urethritis is an *inflammation* (soreness) of the *urethra* (the tube exiting from the bladder). It is often caused by germs that may be spread through sexual contact.



TREATMENT

Urethritis will usually respond to *antibiotics.* These are medications that kill germs. Take all the medicine given to you. **You may feel better in a couple days, but TAKE ALL MEDICINE or the infection may not be completely cured and may become more difficult to treat.** Response can generally be expected in 7 to 10 days. You may require additional treatment after more testing.

IT IS VERY IMPORTANT THAT YOU

- **Not have sex** until the test results are known and treatment is completed.
- Know that you may be asked to notify your sex partner when your final test results are back.
- Finish all medications as prescribed.
- Prevent sexually transmitted infections including AIDS. Practice safe sex. Use condoms.

SEEK MEDICAL CARE IF:

- Your symptoms are not improved in 2 to 3 days.
- Your symptoms are getting worse.
- Your develop *abdominal* (belly) pain.
- You develop joint pain.
- You have an oral temperature above 102° F (38.9° C).

SEEK IMMEDIATE MEDICAL CARE IF:

- You have an oral temperature above 102° F (38.9° C), not controlled by medicine.
- You develop severe pain in the belly, back or side.
- You develop repeated vomiting.

TEST RESULTS

Not all test results are available during your visit. If your test results are not back during the visit, make an appointment with your caregiver to find out the results. Do not assume everything is normal if you have not heard from your caregiver or the medical facility. It is important for you to follow-up on all of your test results.

Document Released: 06/13/2002 Document Re-Released: 01/09/2011
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