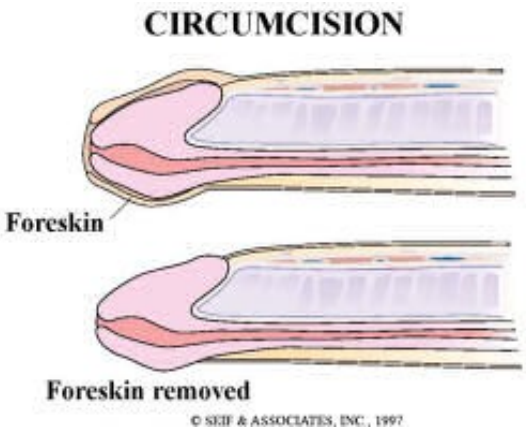
Adult Circumcision
Care After

A circumcision is an operation that removes the *foreskin* of the penis. The foreskin is the movable fold of skin covering the tip of the penis.

HOME CARE



- Only take medicine as your doctor tells you to.
- Your doctor may have put a bandage on the penis. This bandage should stay on for at least 2 days. Ask your doctor when to take the bandage off.
- If the bandage gets dirty, you may carefully remove it. Apply antibiotic cream to the incision (cut). Carefully put a new dressing on.
- **Do not** have sex until your doctor says it is okay. Having sex too soon could damage the wound.
- **Do not** get your wound wet for 2 days or as advised by your doctor.
  - You may take a sponge bath during this time. Clean around the incision gently with mild soap and water.
  - You may take a shower after 2 days or as advised by your doctor. **Do not** take a tub bath. After you shower, gently pat your incision dry with a towel. **Do not** rub it.
- Avoid heavy lifting.
- Avoid contact sports, biking, or swimming until you have healed.

GET HELP IF YOU:

- Have a fever of 100.5°F (38.1°C) or higher.
- See more redness or puffiness (*swelling*) than expected.
- See yellow or green drainage coming from your wound.
- Have any bleeding that does not stop when you press on it.
- Are not healing as fast as you should be.

GET HELP RIGHT AWAY IF:

- You develop a fever of 102°F (38.9°C) or higher.
- You cannot pee.
- You have pain when you pee.
- Pain is not helped by medicines your doctor has given you or has told you to take.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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