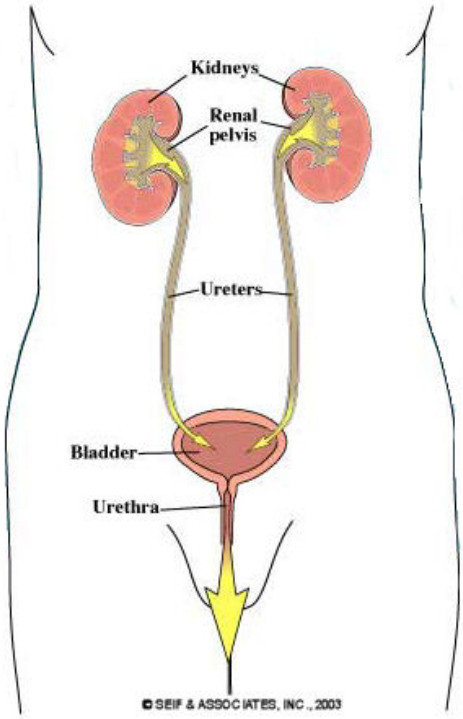
Intravenous Pyelogram (IVP)

An IVP is an X-ray test that lets the doctor check your kidneys, ureters, and bladder.



Tell your doctor if:

- You are allergic to X-ray dye, iodine or shellfish (shrimp, crab, crawfish, lobster).
- You have constipation (dry, hard poop).
- You have diabetes.
- You have kidney disease.
- You have a colostomy.

HOW SHOULD I GET READY FOR THE IVP?

Your bowel must be empty to do the test. These instructions are to help you clean out your bowel. You must follow these instructions carefully. If your bowel is not empty, this test can not be done. Then you will have to make another appointment. **Your clinic may give you a prep kit, or will tell you where to get one.**

THE DAY BEFORE YOUR TEST

- Eat a non-residue (low-fiber) breakfast such as:
  - Boiled or scrambled egg.
  - White bread
  - Cream of wheat.

Do not eat dairy products or sugar.

- Drink 1 large glass of water each hour from 1:00 pm until 9:00 pm.
- For lunch and dinner, do not eat any solid foods. Have clear liquids only, such as:
  - Water
  - Clear soup
  - Plain tea
  - Black coffee

Do not eat any milk, cheese, cream or sugar

- Drink the whole bottle of strong laxative as you are told.
- Swallow the laxative pills with water. Do not chew the pills.

Remember, it is very important for you to follow the instructions about what to eat and what **not** to eat. Take **all** of the liquid prep medicine for your test, so that your bowel will be cleaned out. If your bowel is not cleaned out, you will have to make another appointment to have this test done.

THE MORNING OF YOUR IVP

- Get up at least 2 hours before you are due to leave for your test. Do not eat or drink anything.
- Take the foil wrapper off the suppository that is in your prep kit. Put the suppository into your rectum (bottom).

- You will go to the bathroom in 20 to 30 minutes.
- If you take insulin for your diabetes, do not take your insulin. Bring your insulin with you to the hospital or clinic. You may take your insulin after your test is over.
- Come to the Radiology Department. Bring a photo ID and have your medical record number with you.

HOW WILL MY TEST BE DONE?

After you come to the hospital or clinic, a nurse will start an IV in a vein in your arm. An X-ray doctor will inject X-ray dye into the IV. It is normal to feel warm or flushed all over during the dye injection. You may have a taste like metal in your mouth. Then, an X-ray technologist will take X-ray pictures of you. The test will take about 1 hour.

WHAT HAPPENS AFTER MY TEST:

- Go back to your usual diet and medicines.
- Drink 6 - 8 glasses of water, juice or other liquids that are not alcoholic (no beer, wine, liquor).

HOW WILL I FIND OUT THE RESULTS OF MY TEST?

- If you are in the hospital, doctor who ordered your test will tell you about your test results when they are ready.
- If you are a clinic patient, your doctor will tell you about your results at your next clinic appointment.
  - Be sure to keep this important appointment.
  - If you do not have a follow-up clinic appointment, call and schedule one.

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