Procedural Sedation, Adult

Medicine(s) were given today to help you feel comfortable and relaxed during tests and/or treatments. Like any medicines, these can cause unwanted but temporary effects.

HOME CARE INSTRUCTIONS

- **Warning:** The medicine(s) given today may cause temporary drowsiness, clumsiness or poor balance. Poor judgment can also result before the medicine(s) wear off. Someone should meet you and drive you home. Do not drive, operate machinery, use power or hand tools for the next 12 hours.
- Do not make important decisions until improved. Avoid exercising, bicycling, swimming, climbing ladders, or working at heights for the remainder of the day.
- You may temporarily feel sick, weak, or dizzy. This is expected. Vomiting may occur if you eat too soon. When you can drink without vomiting, try water, juice, or soup. Try solid foods if you feel little or no nausea and continue to feel better.
- If pain killers have been prescribed for you, ask your caregiver how soon it is safe to take them.
- You should not drink alcohol, take sleeping pills, or medicines that cause drowsiness for at least 24 hours.
- If you smoke, do not smoke alone.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- If you are feeling better, you may resume normal activities 24 hours after receiving sedation.

SEEK MEDICAL CARE IF:

- Breathing problems develop.
- Your skin is pale or bluish in color.
- Pain is getting worse and not helped by medication.
- There is bleeding or swelling.
- A temperature over 101º F (38.3º C) develops.
- You are still sleepy or feeling clumsy after 24 hours.

Document Released: 01/03/2008 Document Re-Released: 10/15/2010
ExitCare® Patient Information ©2011 ExitCare, LLC.