# Mucopurulent Cervicitis (MPC)

Mucopurulent cervicitis (MPC) is an infection of the cervix (opening to the uterus). MPC may be caused by bacteria or viruses that are spread during sexual contact. Examples of these germs are:

- Gonorrhea.
- Chlamydia.
- Human papilloma virus.
- Herpes virus.
- Trichomonas.

The exact cause cannot always be determined until blood tests and cultures are done.

## TREATMENT

MPC will usually respond to oral or vaginal antibiotics. Human papilloma virus (HPV) of the cervix may have to be treated surgically with LEEP (*electrocautery*), cold knife cone of the cervix or laser treatment of the cervix. Take all the medicine given to you. **You may feel better in a couple of days, but TAKE ALL MEDICINE or the infection may not respond and become more difficult to treat.** Response can generally be expected in 7 to 10 days. You may require additional treatment after your final test results are known. If bacterial vaginosis is present, it should be treated to help clear up MPC.

## HOME CARE INSTRUCTIONS

- **Do not have sex** until the test results are known, treatment is completed, and your healthcare provider tells you.
- Finish all medications as prescribed.
- You will be asked to inform any sexual partners you have had in the past 60 days if your test results are positive for gonorrhea, chlamydia, herpes or trichomonas. They will need to see a caregiver for a checkup and will require treatment even if their testing is negative.
- Prevent sexually transmitted infections. Practice safe sex. Use condoms.
- You will not get MPC if you abstain from sexual intercourse.
- Avoid tight slacks and panty hose.
- Wear cotton underwear.
- Do not douche.
- Do not use tampons, especially scented ones.
- Do not use perfumed soaps around the vagina.
- Use steroid cream for itching or irritation of the vulva with the permission of your healthcare provider.

For the protection of your privacy, test results can not be given over the phone. Make sure you receive the results of your test. Ask how these results are obtained if you have not been told. It is your responsibility to obtain your test results.

## MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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