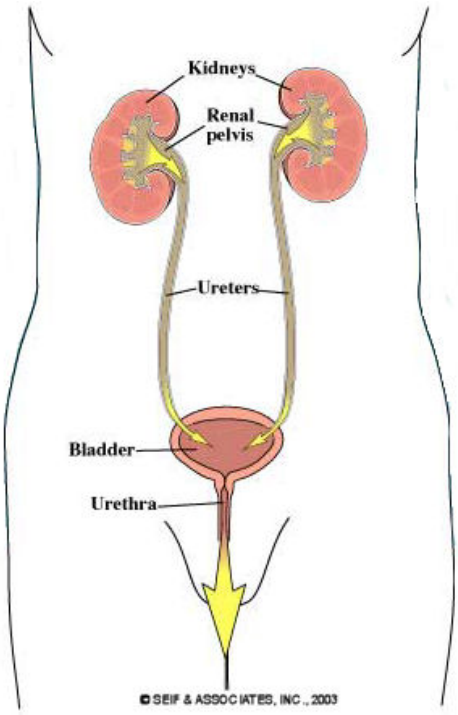
Acute Urinary Retention, Female

Urinary retention means you are unable to pee completely, or at all (*empty your bladder*).

It can be caused by:

- An infection.
- Some medicines.
- An organ pressing against the bladder or the tube that comes from the bladder.
- Problems after surgery.
- Mental causes.



HOME CARE

- Drink enough water and fluids to keep your pee clear or pale yellow.
- If you are sent home with a tube that drains the bladder (*catheter*), there will be a drainage bag attached to it.
  - Keep the drainage bag empty.
  - Keep the drainage bag lower than your catheter.
- Only take medicine as told by your doctor.

GET HELP RIGHT AWAY IF:

- You have the chills.
- You have a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- You develop belly (*abdominal*) or back pain.
- You feel sick.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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