Trichomonas

Trichomonas is an infection of the outer female genitalia and the vagina that is caused by a parasite (an organism that is mobile). It is a sexually transmitted disease (STD) and is most often passed to another person through sexual contact. It can also be present in swimming pools or hot tubs. Patients with trichomonas are at risk for other STDs, including pelvic inflammatory disease (PID) and hepatitis B.

SYMPTOMS

- Abnormal vaginal discharge, gray-green frothy discharge.
- Vaginal itching and irritation.
- Itching and irritation of the area outside the vagina.
- Inflammation of the urethra (*urethritis*), causing painful urination.
- Bleeding after sexual intercourse.

HOME CARE INSTRUCTIONS

- Take all medication prescribed by your caregiver.
- Take over-the-counter medication for itching or irritation as directed by your caregiver.
- **Do not** have sexual intercourse while you have the infection.
- **Do not** douche or wear tampons while you have the infection.
- Have your sex partner examined and treated if necessary.
- Have only one sex partner and have a sex partner who does not have sex with anyone else.

SEEK MEDICAL CARE:

- You still have symptoms during or after you finish the medication.
- You have an oral temperature above 102° F (38.9° C).
- You develop belly (*abdominal*) pain.
- You have pain when you urinate.
- You have bleeding after sexual intercourse.
- You develop a rash.
- The medication makes you sick or throw up (*vomit*).

Document Released: 01/25/2006 Document Re-Released: 03/14/2011
ExitCare® Patient Information ©2011 ExitCare, LLC.