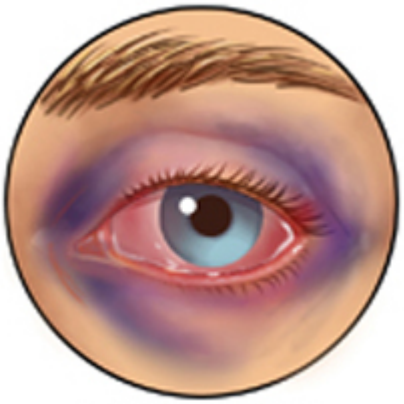
Fracture, Orbital (Blow Out)
Care After Surgery



HOME CARE

- Follow your doctor's advice about when you should:
  - Be active.
  - Go to physical therapy.
  - Drive.
  - Bend over or lift objects.
- Put ice on your eye.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.

GET HELP IF:

- Your bruising gets worse around the eye.
- You have redness, swelling, or pain that gets worse from the wound.
- There is pus coming from your eye.
- You or your child has a temperature by mouth above 102° F (38.9° C).
- There is a bad smell coming from the wound.
- You have changes in vision.
- You have increasing numbness in the cheek.

GET HELP RIGHT AWAY IF:

- You develop a rash.
- You have problems breathing.
- You have any allergy problems.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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