Weakness

Weakness can be caused by many things. Your doctor has checked for the most common causes.

HOME CARE

- Rest.
- Eat a well-balanced diet.
- Exercise every day.
- Go to follow-up appointments.

GET HELP RIGHT AWAY IF:

- There is chest pain or chest pressure.
- You or your child has problems breathing.
- You or your child cannot do usual daily activities.
- You or your child has problems speaking or swallowing.
- There is a very bad headache or belly (*abdominal*) pain.
- The heartbeat does not feel normal or the pulse is very fast (over 120 beats per minute).
- You or your child is confused.
- You or your child has vision problems or problems walking.
- You or your child has chills.
- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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