Opsoclonus Myoclonus
(Dancing Eyes - Dancing Feet Syndrome)

Opsoclonus myoclonus is a rare neurological disorder.

SYMPTOMS

Its symptoms include:

- Unsteady walk (*gait*).
- Rhythmic, involuntary motions of the arms and legs. This occurs during voluntary movements such as reaching. It is called *intention tremor*.
- Brief, shock-like muscle spasms. *(myoclonus*).
- Irregular, rapid, horizontal and vertical eye movements. This is known as *opsoclonus*.
- Poorly spoken speech. This is called *dysarthria*.
- Inability to speak. This is called *mutism*.
- Decreased muscle tone. This is known as *hypotonia*.
- Lethargy.
- Irritability.
- A vague feeling of bodily discomfort. *(malaise).*
- Difficulty speaking. This is called *dysphasia*.

This disorder may occur with:

- Tumors.
- Viral infections.

TREATMENT

Treatment may include:

- Corticosteroids.
- ACTH (adrenocorticotropic hormone).

In cases where a tumor is present, other treatment may be required. It may include:

- Chemotherapy.
- Surgery.
- Radiation.

Treatment of the underlying cause of the disorder may improve symptoms. Unexplained lack of disease activity may also occur. This is known as *spontaneous remissions*. Generally the disorder is not fatal. It does not cause death.

Some information provided by: The National Institute of Neurological Disorders and Stroke (NINDS)

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