Ear Drops Use

You have been diagnosed with a condition requiring you to put drops of medication into your outer ear.

HOME CARE INSTRUCTIONS

- Put drops in the affected ear as instructed for 5 days or as suggested by your caregiver. After putting the drops in, you will need to lay down with the affected ear facing up for ten minutes so the drops will remain in the ear canal and run down and fill the canal.
- Prior to getting up, put a cotton ball gently in your ear canal. Leave this plug out far enough so it can be easily removed. Do not attempt to push this down into the canal with a Q-tip or other instrument.
- Do not irrigate or wash out your ears if you have had a perforated eardrum or mastoid surgery, or unless instructed to do so by your caregiver.
- Keep appointments with your caregiver as instructed.
- Finish all medications, or use for the length of time as instructed. Continue the drops even if your problem seems to be doing well after a couple days, or continue as instructed.

Return to see your caregiver if you are unsuccessful with the above instructions for home care.

SEEK MEDICAL CARE IF:

- You become worse or develop increasing pain.
- You notice any unusual drainage from your ear.
- You develop hearing difficulties.
- You have any other questions or concerns.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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