Before Baby Comes Home

There are several things you must have before your baby comes home.

- **Infant Car Seat** (It is the law!)

- **Separate Bed.**
  - Do not let your baby sleep in a bed with you or anyone else.
  - If you do not have a bed for your baby, ask the hospital or doctor what you can use that will be safe for the baby to sleep in.

- **Infant Feeding Supplies:**
  Formula Supplies
  - 6 - 8 bottles (8 oz. size).
  - 6 - 8 nipples.
  - Funnel.
  - Measuring cup.
  - Measuring tablespoon.
  - Bottle brush.
  - Sterilizer (or use any large pan or kettle with a lid).
  - Formula.
  - A way to boil and cool water.

  Breastfeeding Supplies.
  - Breast Pump.
  - Nipple cream.

- **Layette:**
  - 24-36 cloth diapers and waterproof diaper covers or a box of disposable diapers. You may need as many as 10-12 diapers per day.
  - 3 shirts (other clothing will depend on the time of year and the weather).
  - 3 receiving blankets.
  - 3 baby pajamas or gowns.
  - 3 bibs.

- **Bath Equipment:**
  - Mild soap.
  - Petroleum jelly. **No** baby oil or powder.
  - Soft cloth towel and wash cloth.
  - Cotton balls.
  - Separate bath basin for baby.

- **Other supplies:**
  - Thermometer and bulb syringe (ask the hospital to send them home with you).
  - 1-2 pacifiers.

Easy-to-Read style based on content from Parkland Health & Hospital System, Dallas, Texas

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