Normal Exam, Adult

You were seen and examined today in our facility. Our caregiver found nothing wrong on the exam. If testing was done such as lab work or x-rays, they did not indicate enough wrong to suggest that treatment should be given. The caregiver then must decide after testing is finished if your concern is a physical problem or illness that needs treatment. Today no treatable problem was found. Even if reassurance was given, if you feel you are getting worse when you get home make sure you call back or return to our department.

For the protection of your privacy, test results can not be given over the phone. Make sure you receive the results of your test. Ask as to how these results are to be obtained if you have not been informed. **It is your responsibility to obtain your test results.**

Your condition can change over time. Sometimes it takes more than one visit to determine the cause of your symptoms. It is important that you monitor your condition for any changes.

SEEK IMMEDIATE MEDICAL ATTENTION IF:

- You develop an oral temperature above 102° F (38.9° C), or as your caregiver suggests, which lasts for more than 2 days not controlled by medications. Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- You develop a loss of appetite or start throwing up *(vomiting*).
- You develop a rash, cough, belly *(abdominal*) pain, earache, headache, or develop pain in neck, muscles, or joints.
- The problem or problems which brought you to our facility become worse or are a cause of more concern.

If we have told you today your exam and tests are normal, and a short while later you feel this is not right, please seek medical attention so you may be rechecked.

Document Released: 04/07/2004 Document Re-Released: 03/16/2010
ExitCare® Patient Information ©2011 ExitCare, LLC.