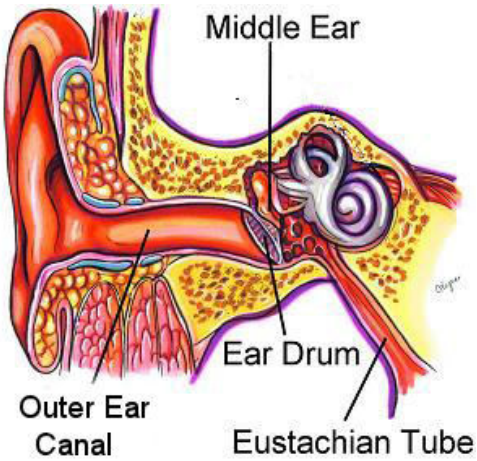
Middle Ear Infection, Adult
(Otitis Media, Adult)

A middle ear infection is an infection in the space behind the eardrum. The medical name for this is "otitis media." It may happen after a common cold. It is caused by a germ that starts growing in that space. You may feel swollen glands in your neck on the side of the ear infection.



AN INFECTION WAS FOUND TODAY IN YOUR:
Right ear and/or left ear.

HOME CARE INSTRUCTIONS
- Take your medicine as directed until it is gone, even if you feel better after the first few days.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- Occasional use of a nasal decongestant a couple times per day may help with discomfort and help the eustachian tube to drain better.

FOLLOW UP with your caregiver in 10 to 14 days or as directed, to be certain that the infection has cleared. Not keeping the appointment could result in a chronic or permanent injury, pain, hearing loss and disability. If there is any problem keeping the appointment, you must call back to this facility for assistance.

SEEK IMMEDIATE MEDICAL CARE IF:
- You are not getting better in 2 to 3 days.
- You have pain that is not controlled with medication
- You feel worse instead of better.
- You cannot use the medication as directed.
- You develop swelling, redness, or pain around the ear or stiffness in your neck.

MAKE SURE YOU:
- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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