Facial Fracture

A facial fracture is a break in one of the bones of your face.

HOME CARE INSTRUCTIONS

- Protect the injured part of your face until it is healed.
- Do not participate in activities which give chance for re-injury until your doctor approves.
- Gently wash and dry your face.
- Wear head and facial protection while riding a bicycle, motorcycle, or snowmobile.

SEEK MEDICAL CARE IF:

- An oral temperature above 102° F (38.9° C) develops, or as your caregiver suggests.
- You have severe headaches or notice changes in your vision.
- You have new numbness or tingling in your face.
- You develop *nausea* (feeling sick to your stomach), vomiting or a stiff neck.

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop difficulty seeing or experience double vision.
- You become dizzy, lightheaded, or faint.
- You develop trouble speaking, breathing, or swallowing.
- You have a watery discharge from your nose or ear.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

Document Released: 04/07/2004 Document Re-Released: 11/30/2009
ExitCare® Patient Information ©2011 ExitCare, LLC.