Universal Medication Form

* Fold this form and keep it in your purse or wallet.

Name:	**Address:**
Phone Number:	
Birthdate:	

Allergic to/Describe Reaction:	**Allergic to/Describe Reaction:**

List all prescription and over-the-counter (non-prescription) medications such as vitamins, aspirins, Tylenol, and herbals (ex: Ginseng, Gingko Biloba, St. John's Wort) Include prescription meds taken as needed (ex: Viagra, Nitroglycerin)

Date	**Name of medication/Dose**	**DIRECTIONS: Use patient-friendly directions. Do not use medical abbreviations.**	**Date Stopped:**	**Reason for Taking MD Name**

Comments	

IMMUNIZATION RECORD (Record the last vaccine received)
TETANUS
PNEUMONIA VACCINE
FLU VACCINE
HEPATITIS VACCINE

PATIENTS:

1. **Always keep this form with you.**

2. Take this form to ALL doctor visits and ALL medical testing (lab, x-ray, MRI, CT, etc). Take this form to ALL pre-assessment visits for admission or surgery and ALL hospital visits (ER, in-patient admission, out patient visits).

3. Update this form as changes are made to your medications. If a medication is stopped, draw a line through it and record the date it was stopped. If help is needed, ask a Physician, Nurse or Pharmacist to help you fill out this form.

4. In the COMMENTS column, record things like the name of doctor who told you to take this medication. You may also add the reason for taking the medication (high blood pressure, high blood sugar, high cholesterol). Always keep this form with you.

5. Tell your family, friends and neighbors about the benefits of using this form.

6. When you are discharged from the hospital, you will get an updated form. This will be reviewed with you and you will be given a copy. When you return to your doctor, take your updated form with you. Always keep this form with you. This will keep everyone up-to-date on your medications.

HOW DOES THIS FORM HELP YOU?

By using this form, it:

- Reduces confusion and saves time. You do not have to remember all the medications you are taking, the form does this for you.
- Improves communication. Provides doctors, health care providers and institutions with a current list of ALL of your medications. Lets the patient and/or family member know exactly what medications are to be taken and when.
- Improves **MEDICATION SAFETY**. Medication interactions and duplications can be detected and corrected.

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