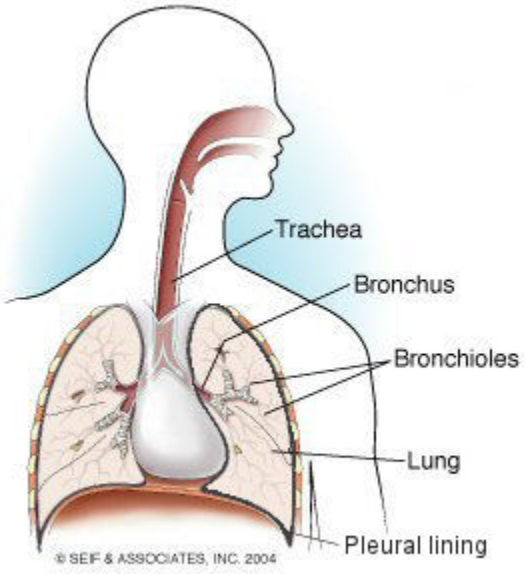
Pleurisy

Pleurisy is an inflammation and puffiness (*swelling*) of the lungs. It is often caused by an existing infection or disease. It can be hard to breathe. The puffiness makes it hurt to breathe. Coughing or deep breathing will make it hurt more. It is important to treat the condition that caused the pleurisy.



HOME CARE

- Take medicines as told by your doctor.
- If medicines (*antibiotics*) that kill germs were given to you by your doctor, finish all of the medicine. Do this even if you or your child is feeling better.
- Use a cool mist vaporizer to help loosen mucus. This is done so the mucus can be coughed up more easily.

GET HELP IF:

- You or your child has a temperature by mouth above 102° F (38.9° C).
- The pain is not controlled with medicine.
- The pain gets worse.
- You or your child coughs up more pus-like mucus.

GET HELP RIGHT AWAY IF:

- The lips, fingernails, or toenails are blue or dark.
- You or your child begins coughing up blood.
- You or your child has a hard time breathing.
- There is pain that is not helped by medicine or that lasts more than 1 week.
- There is pain that spreads (*radiates*) into the neck, arms, or jaw.
- You or your child is short of breath or wheezing.
- You or your child develops rash, throwing up (*vomiting*), or fainting.
- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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