Near-Fainting (Near-Syncope)

Near-fainting (*near-syncope*) is sudden weakness or dizziness when getting up or while standing. It can be caused by a drop in blood pressure. It is common in people taking medicine for blood pressure. Fainting can happen when the blood pressure or pulse is too low.

HOME CARE

If you or your child feels like he or she is going to pass out (*faint*):

- Lie down right away.
- Move only when the feeling has gone away.

Most of the time, this feeling lasts only a few minutes. You or your child may feel tired for several hours.

- Drink enough water and fluids to keep the pee (*urine*) clear or pale yellow.
- If you or your child is taking blood pressure or heart medicine, stand up slowly.

GET HELP RIGHT AWAY IF:

- There is a very bad headache.
- There is unusual pain in the chest, belly (*abdomen*), or back.
- There is an irregular heartbeat or a very fast pulse.
- You or your child has more fainting or seizure-like jerking.
- You or your child faints when sitting or lying down.
- You or your child feels confused.
- You or your child has trouble walking.
- You or your child has very bad weakness.
- You or your child has vision problems.

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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