Pink Eye

Pink eye is caused by germs (*bacteria*). These germs are spread from person to person (*contagious*). The white part of the eye may look red or pink. The eye may be irritated, watery, or have a thick discharge.

HOME CARE

- Only take medicine as told by your doctor.
- To ease pain, apply a cool, clean washcloth over closed eyelids.
- Gently wipe away any fluid coming from the eye with a warm, wet washcloth or cotton ball.
- **Do not** share towels or washcloths. This may spread the infection.
- Wash your hands often with soap and water or alcohol-based cleaner. Use paper towels to dry your hands.
- Change or wash your pillowcase every day.
- You should not use eye makeup until the infection is gone.
- **Do not** use machines or drive if your vision is blurry or you cannot see well.
- Stop using contact lenses. **Do not** use them again until your doctor says it is okay.
- **Do not** touch the tip of the eye drop bottle or ointment tube with your fingers when you put medicine on the eye.

GET HELP IF:

- The pink eye is not better after 3 days of medicine.
- A yellow fluid is coming out of the eye.
- The pain in the eye gets worse.
- The redness is spreading.

GET HELP RIGHT AWAY IF:

- Your or your child's vision suddenly gets worse or becomes blurry.
- You or your child has a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**
- You or your child has pain in the face or puffiness (*swelling*) around the eye.

MAKE SURE YOU:

- Understand these instructions.
- Will watch this condition.
- Will get help right away if you or your child is not doing well or gets worse.

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