Poisonous Plants

Never eat plants without knowing if they are toxic. Instruct your children to never eat berries or plants that are unfamiliar to them. Common plants to avoid are:

- Cherry pits
- Azalea
- Caladium
- Delphinium
- Hydrangea
- Buttercups
- Poinsettia
- Mistletoe berries
- Mountain Laurel
- Rhododendron
- Philodendron
- Rhubarb leaves
- Lilly of the valley
- Daffodil bulbs
- English Ivy (entire plant)
- Pits of cherries, apricots & peach
- Holly leaves and berries
- Jimson weed (Thorn apple) the entire plant
- Mushrooms, especially Amanita varieties
- Potatoes sprouts, roots & vines
- Jack in the pulpit

Do not try out plants if you are unsure of the safety. Mushrooms can be very difficult to identify. Deadly mushrooms can look very much like edible ones. Do not eat a mushroom unless you can positively identify it. You are betting your life on this identification.

IF SOMEONE IN YOUR FAMILY CONSUMES A POISONOUS PLANT, SOME OF THE PROBLEMS INCLUDE:

- *Seizures* (convulsions)
- Unconsciousness
- Drooling
- Restlessness
- Dilated pupils
- Difficulty breathing
- Vomiting
- Abdominal pain
- Hallucinations
- Salivation
- Dehydration
- Diarrhea
- Pain in the mouth and throat
- Difficulty swallowing
- Difficulty moving arms or legs in meaningful ways

If you are concerned about a member in your family ingesting an unknown or possibly dangerous plant or plant part, it is best to seek medical care so that person can be observed and treated if necessary.

Document Released: 09/12/2002 Document Re-Released: 10/15/2010
ExitCare® Patient Information ©2011 ExitCare, LLC.