Normal Exam, Child

Your child was seen and examined today. Our caregiver found nothing wrong on the exam. If testing was done such as lab work or x-rays, they did not indicate enough wrong to suggest that treatment should be given. Parents may notice changes in their children that are not readily apparent to someone else such as a caregiver. The caregiver then must decide after testing is finished if the parent's concern is a physical problem or illness that needs treatment. Today no treatable problem was found. Even if reassurance was given, you should still observe your child for the problems that worried you enough to have the child checked again.

Your child's condition can change over time. Sometimes it takes more than one visit to determine the cause of the child's problem or symptoms. It is important that you monitor your child's condition for any changes.

SEEK MEDICAL CARE IF:

- Your child has an oral temperature above 102° F (38.9° C).
- Your baby is older than 3 months with a rectal temperature of 100.5º F (38.1° C) or higher for more than 1 day.
- Your child has difficulty eating, develops loss of appetite, or throws up.
- Your child does not return to normal play and activities within two days.
- The problems you observed in your child which brought you to our facility become worse or are a cause of more concern.

SEEK IMMEDIATE MEDICAL CARE IF:

- Your child has an oral temperature above 102° F (38.9° C), not controlled by medicine.
- Your baby is older than 3 months with a rectal temperature of 102º F (38.9º C) or higher.
- **Your baby is 3 months old or younger with a rectal temperature of 100.4º F (38º C) or higher.**
- A rash, repeated cough, belly (*abdominal*) pain, earache, headache, or pain in neck, muscles, or joints develops.
- Bleeding is noted when coughing, vomiting, or associated with diarrhea.
- Severe pain develops.
- Breathing difficulty develops.
- Your child becomes increasingly sleepy, is unable to wake up completely, or becomes unusually irritable or confused.

Remember, we are always concerned about worries of the parents or of those caring for the child. If the exam did not reveal a clear reason for the symptoms, and a short while later you feel that there has been a change, please return to this facility or call your caregiver so the child may be checked again.

Document Released: 12/18/2006 Document Re-Released: 01/09/2011
ExitCare® Patient Information ©2011 ExitCare, LLC.