Non-epileptic Seizures

Non-epileptic seizures can look just like epilepsy or seizures. They can even occur in people who also have a seizure disorder. The difference is that there is no brain wave abnormalities during a non-epileptic seizure. **Even though non-epileptic seizures originate in the mind, they are real to the person having the episode. They can be frightening and cause the patient to feel out of control.**

Non-epileptic seizures happen most often in women. They are often caused by an emotional crisis or other stresses. A diagnosis may require an EEG test. Treatment can include both medications and counseling. Call your caregiver as directed to arrange for further evaluation and proper treatment. **Do not drive, ride a bike, or operate dangerous equipment until your caregiver says it is safe.**

Document Released: 01/25/2006 Document Re-Released: 06/05/2009
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