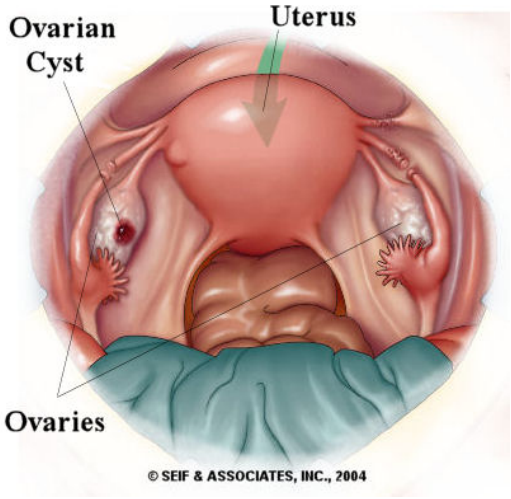
Ovarian Cyst

An ovarian cyst is a sac filled with fluid or blood. This sac is attached to the ovary. Some cysts go away on their own. Other cysts need treatment. They should be looked at by your doctor.



HOME CARE

- Take all medicines as told by your doctor.
- Let your doctor know if you had a cyst on your ovary in the past.
- **Follow up** with your doctor as told.
- If your doctor is not a women's health specialist (*gynecologist*), you may need to make an appointment with one. It is important to find the cause of the cyst.

GET HELP IF:

- Your periods are late, not regular, or painful.
- Your belly (*abdomen*) or pelvic pain does not go away.
- You have pressure on your bladder.
- You have pain during sex.
- You feel fullness, pressure, or discomfort in your belly (*abdomen*).
- You lose weight for no reason.
- You have a temperature by mouth above 102° F (38.9° C).

GET HELP RIGHT AWAY IF:

- You develop sudden, very bad pain.
- Your belly becomes large or puffy (*swollen*).
- You have a hard time peeing (*totally emptying your bladder*).
- You feel sick most of the time.
- You have a temperature by mouth above 102° F (38.9° C), not controlled by medicine.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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