Ringworm - Body
(Tinea Corporis)

Ringworm is a fungal infection of the skin and hair. Another name for this problem is Tinea Corporis. It has nothing to do with worms. A fungus is an organism that lives on dead cells (the outer layer of skin). It can involve the entire body. It can spread from infected pets. Tinea corporis can be a problem in wrestlers who may get the infection form other players/opponents, equipment and mats.

DIAGNOSIS
A skin scraping can be obtained from the affected area and by looking for fungus under the microscope. This is called a KOH examination.

HOME CARE INSTRUCTIONS
- Ringworm may be treated with a topical antifungal cream, ointment, or oral medications.
- If you are using a cream or ointment, wash infected skin. Dry it completely before application.
- Scrub the skin with a buff puff or abrasive sponge using a shampoo with ketoconazole to remove dead skin and help treat the ringworm.
- Have your pet treated by your veterinarian if it has the same infection.

SEEK MEDICAL CARE IF:
- The ringworm patch (fungus) continues to spread after 7 days of treatment.
- The rash is not gone in 4 weeks. Fungal infections are slow to respond to treatment. Some redness (*erythema*) may remain for several weeks after the fungus is gone.
- The area becomes red, warm, tender, and swollen beyond the patch. This may be a secondary bacterial (germ) infection.
- An oral temperature above 100.4° F (38° C) develops, or as your caregiver suggests.

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