Liver Biopsy
Care After Procedure

Refer to this sheet in the next few weeks. These discharge instructions provide you with general information on caring for yourself after you leave the hospital. Your caregiver may also give you specific instructions. Your treatment has been planned according to the most current medical practices available, but unavoidable complications sometimes occur. If you have any problems or questions after discharge, please call your caregiver.

HOME CARE INSTRUCTIONS

- You should rest for 1 to 2 days or as instructed.
- If you go home the same day as your procedure (*outpatient*), have a responsible adult take you home and stay with you overnight.
- **Do not** lift more than 5 pounds or play contact sports for 2 weeks.
- **Do not** drive for 24 hours after this test.
- **Do not** take medicine containing aspirin or drink alcohol for 1 week after this test.
- Change bandages (*dressings*) as directed.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.

FINDING OUT THE RESULTS OF YOUR TEST

Not all test results are available during your visit. If your test results are not back during the visit, make an appointment with your caregiver to find out the results. Do not assume everything is normal if you have not heard from your caregiver or the medical facility. It is important for you to follow up on all of your test results.

SEEK MEDICAL CARE IF:

- You have increased bleeding (more than a small spot) from the biopsy site.
- You have redness, swelling, or increasing pain in the biopsy site.
- You have an oral temperature above 102° F (38.9° C).

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop swelling or pain in the belly (*abdomen*).
- You develop a rash.
- You have difficulty breathing, feel short of breath, or feel faint.
- You develop any reaction or side effects to medicines given.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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