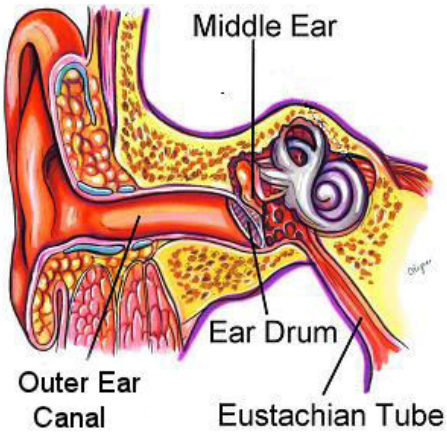
Middle Ear Infection, Adult
(Otitis Media, Adult)

A middle ear infection is an infection in the space behind the eardrum. It often happens along with a cold. It is caused by a germ (*bacteria*) that starts growing in that space. Your neck may feel puffy (*swollen*) on the side of the ear infection.



AN INFECTION WAS FOUND TODAY IN YOUR:

Right ear and/or left ear.

HOME CARE

- Take all of your medicine even if you start to feel better.
- Only take medicine as told by your doctor.
- Medicine (*nasal decongestant*) may help the tube that connects the ear and throat (*eustachian tube*) drain better. It may also help with discomfort.
- Follow up with your doctor in 10 to 14 days or as told by your doctor. This is to make sure the infection is gone.

GET HELP RIGHT AWAY IF:

- You do not start to feel better in 2 to 3 days.
- You have pain that is not helped with medicine.
- You feel worse instead of better.
- You cannot use the medicine as told.
- You develop puffiness, redness, or pain around the ear.
- You get a stiff neck.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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