Torus Fracture

Your child has a torus or buckle fracture. This can occur in any long bone, but usually happens in the forearm and wrist. **There is usually no deformity, but the area around the fracture is still unstable and needs protection with a splint or cast for 4-6 weeks**. Please do not remove the splint or cast that has been applied. Treatment also should include:

- Keep the injured limb elevated on pillows for 3-4 days to reduce swelling and pain.
- Apply ice packs over the injured area for 20-30 minutes every 2 hours for the next 2-3 days.
- Pain medicine may be needed for the first few days for discomfort.

Call your doctor or the emergency room right away if your child has increased pain uncontrolled by medicines, or if the injured area becomes cold, numb, or pale. Proper follow-up treatment is needed to insure satisfactory fracture healing.

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