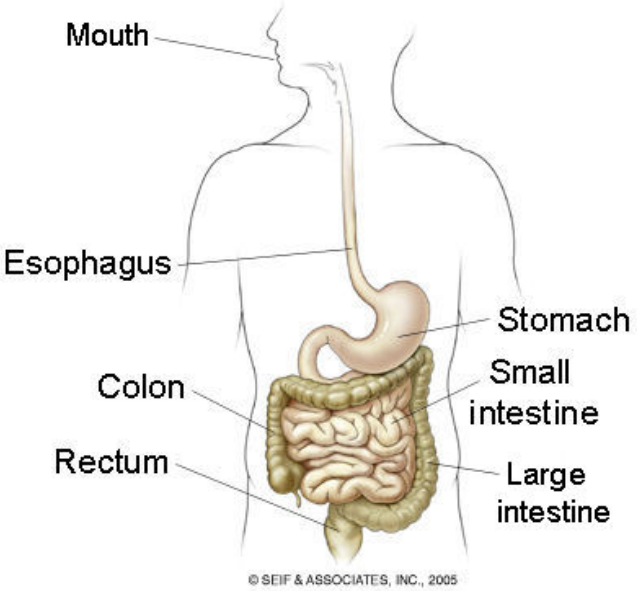
Bloody Stools

Blood in the poop (*bloody stools*) is a sign that there is a problem somewhere in the digestive system. The blood might be black, medium red, or bright red. You might also have pain, weakness, throwing up (*vomiting*), or fever. There are many things that can cause blood in the poop. It is important to figure out what is causing the bleeding.



Your doctor might do some tests to figure out what is wrong. When your doctor knows why the bleeding is happening, you will get help to stop the bleeding.

HOME CARE

- Take medicines, as told by your doctor.
- Eat food with lots of fiber (like prunes and bran cereals) and drink lots of liquids.
- Sit in a bathtub with warm water for 10-15 minutes, to soak and clean the area, as told by your doctor.
- Watch for signs that you are getting better or getting worse.

GET HELP RIGHT AWAY IF:

- Your bleeding continues or gets worse.
- You throw up (*vomit*) blood.
- You feel weak or dizzy.
- You have a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- You have strong pain.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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