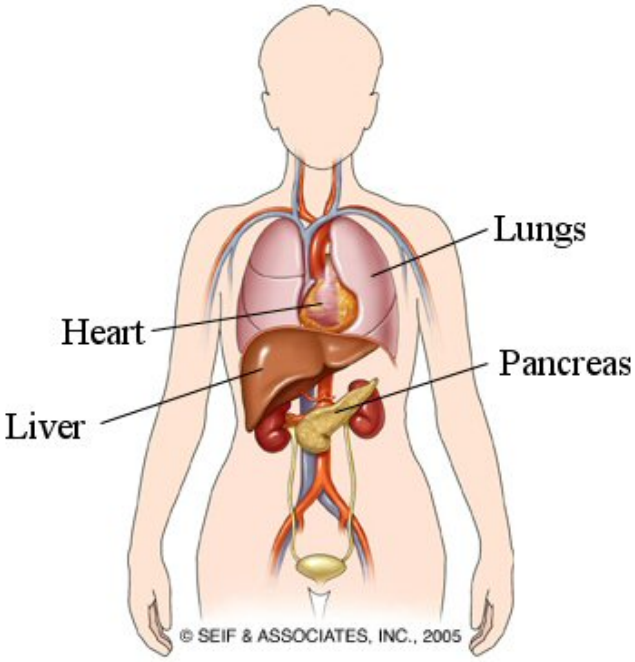
Liver Biopsy
Care After Procedure

HOME CARE

- Watch for bleeding at your biopsy site.
- No heavy lifting, no pushing or pulling for 48 hours (2 days).
- No exercise, jogging or sex for 48 hours (2 days).
- Do not drive or operate heavy machinery for 24 hours (1 day).
- You may be sore for a few days at the place where the needle was put in.
- You may go back to your usual diet and medicines.
- Do not take the bandage off until the next morning.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- Do not shower or bathe until the next day.



GET HELP RIGHT AWAY IF:

- Shortness of breath or trouble breathing.
- Pain or cramping in your belly (*abdomen*).
- Feeling sick to your stomach or throwing up.
- Bleeding (bright red blood) that does not stop from the place where the needle was put in.
- Have someone press on the place that is bleeding until you are checked in the Emergency Room
- Pus draining from the place where the needle was put in.
- Any unusual pain that will not stop. Remember, the place where the needle was put in will likely be sore for a few days after the biopsy. Some bruises are normal.
- Swelling or redness at the place where the needle was put in, or if the place is very sore or hot when you touch it.
- Fever more than 101° F (38.3° C) for 2 or more days.
- Pitch-black, smelly bowel movements.

If you go to the Emergency Room, tell the nurse that you had a liver biopsy. Take this paper with you and show it to the nurse. Keep your follow-up appointment.

Easy-to-Read style based on content from Parkland Health & Hospital System, Dallas, Texas

Document Released: 09/26/2009
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