Tubal Ligation, Care After Surgery

Please read the instructions outlined below and refer to this sheet in the next few weeks. These discharge instructions give you general information on care after leaving the hospital. Your surgeon may also give you specific instructions. While treatment has been planned according to the most current medical practices available, unavoidable complications sometimes happen. If you have any problems or questions after discharge, please call your surgeon or caregiver.

AFTER THE SURGERY

- After surgery, you will be taken to the recovery area where a nurse will watch and check your progress. Once you are awake, stable, and able to drink fluids, if you have no problems you will be allowed to go home.
- Do not drink alcohol, drive a car, use public transportation, or sign important papers for at least one day following surgery.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- If your surgery was done as a same-day surgery, make sure you have a responsible adult with you for the first 24 hours following your surgery.
- You may resume normal diet and activities as directed.
- Change dressings as directed.
- Do not douche or engage in sexual intercourse until your surgeon has given you permission.

SEEK MEDICAL CARE IF:

- There is redness, swelling, or increasing pain in the wound or wounds area.
- Pus is coming from a wound.
- An unexplained oral temperature above 102ºF (38.9º C) develops.
- You notice a foul smell coming from the wound or dressing.
- The wound edges separate after sutures or staples have been removed.
- You develop increasing abdominal pain.
- There is excessive vaginal bleeding.
- You notice increasing pain in your shoulders or chest.
- You develop dizzy episodes or fainting while standing.
- You develop persistent nausea or vomiting.

SEEK IMMEDIATE MEDICAL CARE IF:

- You develop a rash.
- You have a hard time breathing.
- You develop or feel you are developing any reaction or side effects to medications taken.

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