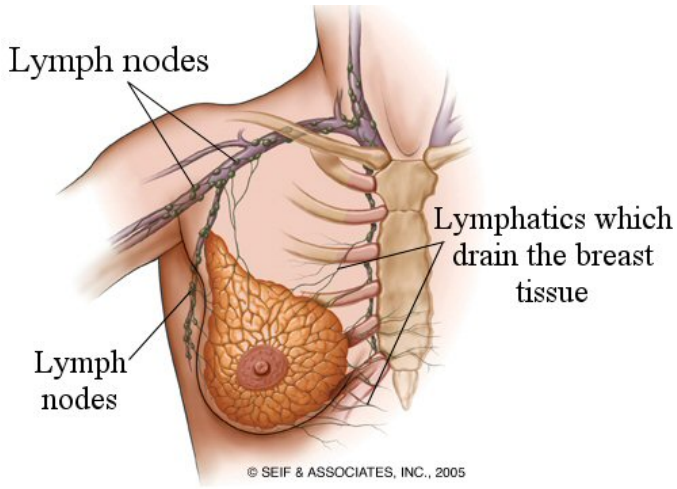
Breast Biopsy, X-ray Guided (Stereotactic)
Care After Surgery

Please read the instructions outlined below and refer to this sheet in the next few weeks. These discharge instructions provide you with general information on caring for yourself after you leave the hospital. Your caregiver may also give you specific instructions. While your treatment has been planned according to the most current medical practices available, unavoidable complications occasionally occur. If you have any problems or questions after discharge, please call your caregiver.



HOME CARE INSTRUCTIONS
- You may resume your regular diet or as directed.
- Follow your caregiver's recommendations for medicines, care of the biopsy site, follow up appointments, and further treatment.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.
- You may apply ice to the surgical site for 15 to 20 minutes each hour while awake for the first couple days following surgery. Put the ice in a plastic bag and place a towel between the bag of ice and your skin.
- Change dressings as directed.
- Wear a good support bra for as long as your caregiver recommends.
- Avoid strenuous activity for at least 24 hours, or as advised by your caregiver.

FINDING OUT THE RESULTS OF YOUR TEST
Not all test results are available during your visit. If your test results are not back during the visit, make an appointment with your caregiver to find out the results. Do not assume everything is normal if you have not heard from your caregiver or the medical facility. It is important for you to follow up on all of your test results.

SEEK MEDICAL CARE IF:
- You develop a rash.
- You have problems with your medicines.
- You become lightheaded or dizzy.

SEEK IMMEDIATE MEDICAL CARE IF:
- There is increased bleeding (more than a small spot) from the biopsy site.
- You notice redness, swelling, or increasing pain in the wound.
- Pus is coming from the wound.
- You have an oral temperature above 102° F (38.9° C), not controlled by medicine.
- You notice a bad smell coming from the wound or dressing.
- You develop shortness of breath.
- You develop chest pain.
- You pass out.

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