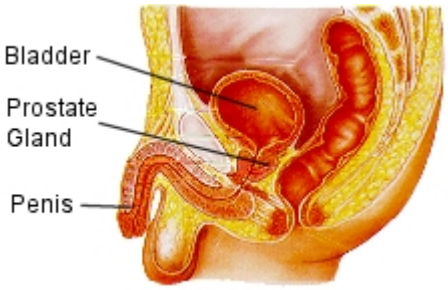
Acute Urinary Retention

Not being able to pee is a common problem in elderly males. As men get older their prostates can block the flow of peel. It is often first noticed by having to get up at night to pee.



HOME CARE

Treatment may include putting in a catheter (*foley catheter*). You may only need the catheter one time. A catheter is a tube put inside your body to drain your pee. Then you and your doctor can decide how to handle this problem in the future. It may be a problem that may not recur for years. Sometimes this problem can be caused by medicine. Only take medicine as directed by your doctor.

GET HELP RIGHT AWAY IF:

- You get chills.
- You have a fever.
- You do not feel well.

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