# Loss Of Vision

You have had a disturbance in your vision. Many different conditions can cause a loss of vision. These include:

- **Migraines -** Migraine headaches are often preceded by a disturbance in vision. Blind spots or light flashes are followed by a headache. This type of visual loss is temporary and does not damage the eye.
- **Glaucoma -** This is due to increased pressure in the eye. Glaucoma is the leading cause of blindness and may cause few other symptoms.
- **Retina problems -** Vision will be reduced if the retina becomes detached or if there is a circulation problem, as with diabetes, high blood pressure or TIA's.
- **Optic nerve problems -** This nerve can be damaged by inflammation, poor circulation, drugs, and toxins.

It is very important that a complete examination by a specialist be done to determine the exact cause of your eye problem. This can help prevent further loss of vision or reduce the risk of having a stroke. Contact the doctor to whom you have been referred and arrange for follow-up care right away.

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