Chalazion

A chalazion is a non-tender swelling on the eyelid caused by a blocked oil gland. Chalazions commonly occur on the upper eyelid. A small chalazion that is not infected usually disappears by itself in 1 or 2 months. Some chalazions may become large and need removal. Medicine used to kill germs (*Antibiotics*) may be required if an infection is present.

HOME CARE INSTRUCTIONS

- Wash your hands often and dry them with a clean towel. Do not touch the chalazion.
- If the chalazion becomes infected:
  - Apply a warm pack to the eyelid several times a day for 15 to 20 minutes to help ease discomfort and bring the pus to the surface.
  - Return to your caregiver to have the pus removed if it does not break (*rupture*) on its own.
  - Do NOT try to remove the pus yourself by squeezing the chalazion or sticking it with a pin or needle.
- If the chalazion is not infected, apply a warm washcloth to ease the discomfort and help it heal faster.
- Only take over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver.

SEEK IMMEDIATE MEDICAL CARE IF:

- Your eye becomes painful or your vision changes.
- An infected chalazion does not have a head of pus on it after 2 to 3 days of applying warm packs.
- The chalazion becomes painful, red, or swollen, grows larger, or does not start to disappear after 2 weeks.

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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