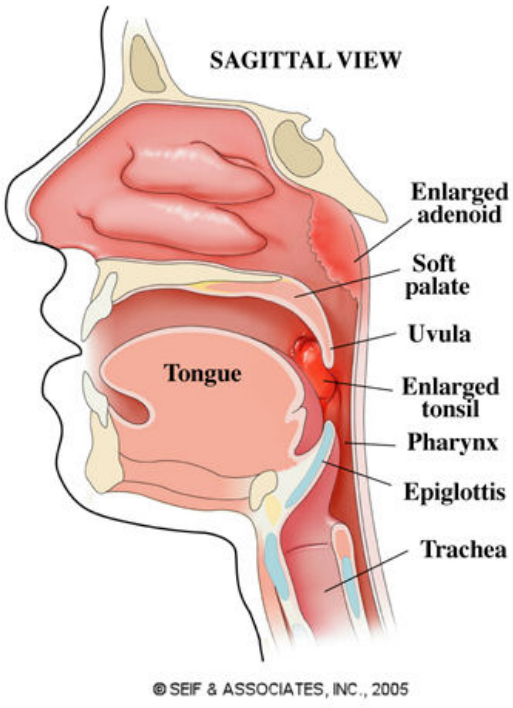
Adenoidectomy, Care After Surgery, Child

Please read the instructions outlined below. Refer to this sheet in the next few weeks. These discharge instructions provide you with general information on caring for your child after leaving the hospital. Your child's surgeon may also give you specific instructions. Treatment has been planned according to the most current medical practices available. However, complications can occur. If you have any problems or questions after discharge, call your child's surgeon.



AFTER YOUR CHILD'S SURGERY

After surgery, your child will be taken to the recovery area. A nurse will watch him/her and check his/her progress. Once he/she is awake, stable, taking fluids well, and without other problems, he/she will be allowed to go home.

HOME CARE INSTRUCTIONS

- Only give your child over-the-counter or prescription medicines for pain, discomfort, or fever as directed by your caregiver. **Do not give aspirin to children.** This increases the possibility for bleeding and is associated with Reye's syndrome (*brain disease*).
- Be sure your child gets proper rest. Your child may feel worn out and tired for a while.
- Because of the sore throat and swelling, your child's appetite may be poor. Soft and cold foods such as ice cream, popsicles, and cold drinks are usually tolerated best.
- Avoid mouthwashes and gargles.
- Avoid exposing your child to people with upper respiratory infections, such as colds and sore throats.
- An ice pack applied to your child's neck may help with discomfort.

SEEK IMMEDIATE MEDICAL CARE IF:

- There is increased bleeding, or if your child vomits, coughs, or spits up bright red blood.
- There is increasing pain not controlled with medications.
- Your child has an oral temperature above 102° F (38.9° C), not controlled by medicine.
- Your child develops a rash.
- Your child has difficulty breathing or develops any reaction to medications given.

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